

Adult Executive Functioning Inventory (ADEXI) Other-report

Below you will find several statements. Please circle a number to the right of each statement to indicate how well that statement describes the person you are rating. The person that you are rating might have a different opinion about him-/herself – we want to know what you think. Try to answer as honestly as possible.

Definitely not true 1	Not true 2	Partially true 3	True 4	Definitely true 5
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1. Has difficulty remembering lengthy instructions	1	2	3	4	5
2. Has difficulty remembering what he/she is doing in the middle of an activity	1	2	3	4	5
3. Has a tendency to do things without first thinking about what could happen	1	2	3	4	5
4. Has difficulty stopping him-/herself from doing something that he/she likes even though someone says that it is not allowed	1	2	3	4	5
5. When someone asks him/her to do several things, he/she remembers only the first or last	1	2	3	4	5
6. Has difficulty refraining for smiling or laughing in situations where it is inappropriate	1	2	3	4	5
7. Has difficulty coming up with a different way of solving a problem when he/she gets stuck	1	2	3	4	5
8. When asked to fetch something, he/she forgets what he/she was supposed to fetch	1	2	3	4	5
9. Has difficulty planning for an activity (e.g., remembering to bring everything necessary when going on a trip/to work/to school)	1	2	3	4	5
10. Has difficulty stopping an activity that he/she likes (e.g., watch TV or sit in front of the computer in the evening even though it is time to go to bed)	1	2	3	4	5
11. Has difficulty understanding verbal instructions unless he/she is also shown how to do something	1	2	3	4	5
12. Has difficulties with tasks or activities that involve several steps	1	2	3	4	5

Definitely not true 1	Not true 2	Partially true 3	True 4	Definitely true 5
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13. Has difficulty thinking ahead or learning from experience	1	2	3	4	5
14. Appears to be more lively/wilder compared to other people his/her age	1	2	3	4	5

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Scoring


Fill in the total score for the two factors **WORKING MEMORY** and **INHIBITION** and fill in the ADEXI total score.

= **Subscale 1: Working Memory**

Total score for items: 1, 2, 5, 7, 8, 9, 11, 12, 13

= **Subscale 2: Inhibition**

Total score for items: 3, 4, 6, 10, and 14



TOTAL SCORE